

LOCAL

B

INSIDE SECTION

B2 Obituaries
B3 School

MISSOURI

Club to host 5K run

Club of Jefferson City is host-
ird annual 5K run at 9 a.m.
at Memorial Park. The event is
er for the Zonta International
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oundation provides programs
te education, health and eco-
f-sufficiency for women. Since
ta International has provided
\$8 million to projects benefi-
ns of women and their families
an 75 countries.

ation is \$20 per runner/walker
or JCRR members. Flier infor-
ll be available the day of the
zontajcmo.org/main/2011/10/
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Police offer Halloween safety tips

ffort to keep Halloween safe,
on City Police Department will
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ditional officers, along with
n-duty patrol officers, will
idential neighborhoods watch-
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ditional officers will be paid
azardous Moving Violations
ey that has been awarded to
department by the Missouri
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ay Safety Division.

are encouraged to speak to

Transitions program helps kids after foster care

By Angie Hutschreider
angieh@newstribune.com

BriAnna Boney is use to making changes and, sadly enough, to having few steadily reliable and helpful people in her life. As a teen who "did not get along with my father," Boney was placed in foster care and lived in six different foster homes in three years.

When she became involved with the Central Missouri Foster Care and Adoption Association, she found a place that was there to do for her, and help her.

"I remember the first time I hear about them was with school supplies," Boney said. "The family I was with didn't really want to spend money out of their pockets to get me the 'cool' school supplies. I am here and they helped me out. I got an awesome tote bag."

Boney recently turned 18 and graduated from high school in May. She was faced with a decision, a decision that would mean a lot of hard work, or taking the chance of becoming a statistics.

"The statistics suck," she said.

Mindy Ulstad, president of the board for the Central Missouri Foster Care and Adoption Association and Boney's mentor in the Transitions program, said in the first two years after high school, of those



Kris Wilson/News Tribune

BriAnna Boney, left, and her Transitions program mentor Mindy Ulstad, right, talk about the close bond the two have formed during an interview at the Central Missouri Foster Care and Adoption Resource Center in Jefferson City on Thursday.

who have aged out of the foster care system, 40 percent are homeless and 25 percent are incarcerated.

Transitions is a key program for the association. Boney was one of the nine teens to complete the program.

The program pairs teens with

a mentor after they graduate high school. The program comes with guidelines for the teen.

Ulstad said there are workshops and training on budgeting, hygiene, coupons, medical care and other adult responsibilities.

The teen must agree to be drug-

and alcohol-free, complete 15 hours of community service, have a plan to attend college or a career training program after high school and agree to work closely with counselors, who will, Ulstad said, will make sure the teen is staying on track.

Ulstad and Boney meet almost weekly, and talk several times each week.

"It is like the mother/daughter relationship," Boney said.

Boney calls Ulstad to ask questions about purchasing a car, car insurance, rental agreements, how to find affordable furniture and more.

"They (Ulstad and the association) really helped me get set up where I am now and get on the path," she said. "If it were not for them, I would be up to no good."

Boney turned 18 in August and was then able to get a checking account. By the end of August, she was living on her own in an apartment, started school as a freshman majoring in journalism at Lincoln University and has a job.

By being in school, Boney is still able to receive some help for rent and tuition through the state. If it were not for Ulstad and the work of the other volunteers at the association, Boney would not have a couch,

Please see Foster, p. 5

nessey, Isabel Grawe, Savannah Kirchner.

Grade 7: Kayla Bax, Grace Boudreau, Garrett Luetkemeyer, Torey Mueller, Kelsey Schenewerk, Corey Schepers, Rachel Stewart, Leah Stiefemann, Morgan Wieberg, Noah Wisch, Kayla Yansky, Grant Bryan,

Lawler, Savana Luebbert, Alex Werner, Emma Wyrick.

B Honor Roll

Grade 5: Abby Davis, Will Donaldson, Max Hughes, Taylor Koelling, Kelsie Backues, Jack Higgins, Taylor Lehmen, Henry Luebbert, Jared Steinbeck, Katie Wilson, Alli Borovicka,

Grade 6: Joe Bruchman, Joe Christian, Brad Kemna, Jordan Kemple, Heather Perrey, Olivia Wolken, Grace Dittmer, Nick Farfan, Nicole Grefrath, Mark Lamb, Jessica Lineback, Paige Prenger, Ryan Rodeman, Kyle Schmitz, Maggie Stieferman, Charlie Adrian, Emma Albertson, Clinton Campbell, Jacob Wolken.

Foster:

Continued from p. 1

bed, table and more.

"They really helped me get everything," she said. "It was so important for me to have something that was mine. The first night in my apartment I had an 'its mine' moment. The couch is mine, the bed. Mine. The refrigerator, mine."

Mentors and teens are teamed up for a three-year commitment, though Ulstad says she has a feeling Boney will be in her life much longer.

"I think we are going to be together much longer," Ulstad

said. "She has become a part of my family and knows she is always welcome with us."

Transitions is a one-of-a-kind program, and other foster and adoption organizations are starting to show interest in the program and have reached out for leadership.

This is the third year the Central Missouri Foster Care and Adoption Association will sponsor a fundraising event, the Forget Me Not Gala. Since 2009, CMFCAA has served 67 families and more than 200 children throughout central Missouri. Agency programs include the Begin-Again Backpacks for children entering foster care, Transitions for high

school seniors, the boys and girls clothing closet for foster and adoptive youth, and the food distribution program for foster and adoptive families.

The association also provides parent training services, sponsors respite events for member families, and offers a variety of assistance services through the volunteer-staffed Resource Center at 1119 Jefferson St.

The Forget Me Not Gala is scheduled for 6-8:30 p.m., Tuesday at the Capitol Plaza Hotel.

Tickets are \$35 per person or \$60 per couple. Tickets can be purchased by calling 298-0258.

Man arrested for enticement

Jefferson City Police Department detectives arrested a Jefferson City resident Friday afternoon on a charge of enticing a child. Authorities were alerted to the situation by the 12-year-old victim's parent and conducted

an investigation into the allegations.

The 43-year-old male was taken into custody after entering the victim's residence believing the child was home alone. After his arrest,

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FREE EDUCATION

Wednesday, November 9 at 6:30

Truman Hotel, Jefferson City

Food and beverages provided.

Discover how dental implants can increase your confidence and enjoy life by attending a Free Education Seminar. Contact Paul Cardon of Stadium Dental Center.

Grief and the Holidays



Friday, November 4

9 a.m. - 11:30 a.m.

St. Mary's Assembly Hall

Speaker:

Dr. Laurel Kramer, PhD

St. Mary's Health Psychology